Public Health Officials: FDA needs to ban trans fat.

**Academy of Nutrition and Dietetics**
“The Academy supports FDA’s tentative determination that PHOs [Partially Hydrogenated Oils] do not meet the legal standard to be generally recognized as safe (GRAS).”

**Association of State and Public Health Nutritionists (ASPHN)**
“ASPHN strongly supports the Food and Drug Administration’s preliminary determination that partially hydrogenated oils are no longer generally recognized as safe.”

**Association of State and Territorial Health Officials (ASTHO)**
“ASTHO and our members fully support banning PHOs as a key component of our national efforts to reduce the prevalence of chronic diseases and improve the health of the nation.”

**Massachusetts Nutrition Board**
“The Massachusetts Nutrition Board applauds the Food and Drug Administration for tentatively determining that partially hydrogenated oils (PHOs) or trans fat are not generally recognized as safe (GRAS).”

**National Association of City and County Health Officials (NACCHO)**
“NACCHO applauds the FDA for its preliminary determination that PHOs are no longer generally recognized as safe. NACCHO urges the FDA to act expeditiously to eliminate them from the nation’s food supply.”

**New York City Health Department**
“The NYC Health Department strongly supports the FDA’s tentative determination that PHOs...are not GRAS and encourages the FDA to finalize this determination as soon as possible.”

**Oregon Public Health**
“Oregon Health Authority’s Public Health Division strongly supports the FDA’s preliminary determination that partially hydrogenated oils, the primary dietary source of artificial trans fat in processed foods, are not ‘generally recognized as safe’ for human consumption, either directly or as ingredients in other food products.”

**Public Health Seattle and King County**
“With strong consensus among the scientific community, we urge the FDA to act quickly to finalize the determination to remove PHOs from the GRAS list.”

**Maricopa County Department of Public Health**
“We agree with the FDA’s tentative determination to remove PHOs from the GRAS list.”

**Santa Clara County Public Health Department**
“The Santa Clara County Public Health Department strongly supports the FDA preliminary determination.”

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The science is sound.

**American Academy of Family Physicians**
“AAFP reviewed the scientific evidence cited and we are pleased to wholeheartedly support the FDA’s determination that PHOs are not generally safe for use in food.”

**Academy of Nutrition and Dietetics**
“It is the position of the Academy that there is convincing evidence that consumption of commercial partially hydrogenated vegetable oils increases CHD risk factors, as well as metabolic syndrome and diabetes risk.”
**American Heart Association**

“General recognition [of safety] requires reasonable scientific certainty that the substance is harmless when used as intended....Trans fat, however, does not meet this definition; there is no consensus among the scientific community that trans fat is harmless.”

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**Indiana University Health**

“The scientific evidence leaves no doubt that consuming trans fats increases low-density lipoprotein (LDL, or ‘bad’) cholesterol which contributes to increased coronary heart disease and death.”

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<th>Local experience shows compliance can happen in reasonable time.</th>
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<td><strong>American Medical Association</strong></td>
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<td>“...any longer [than 18 months] would continue the uneven playing field that disadvantages those companies that have replaced hydrogenated oils in their products. Companies should not be put at a competitive disadvantage for being forward thinking and attentive to this important public health concern.”</td>
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<td><strong>NYC Health Department</strong></td>
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<td>“NYC required all food service establishments, regardless of size, to comply with its trans fat regulation within a two year period. The breadth and expedience with which restaurants complied is an indication of their ability to eliminate PHOs quickly and comprehensively.”</td>
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<td><strong>Boston Public Health Commission</strong></td>
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<td>“With technical assistance support from BPHC and the City’s Inspectional Services Department, over 99% compliance was achieved within 18 months of the regulation’s passage and has been maintained since.”</td>
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<td><strong>Public Health Seattle &amp; King County</strong></td>
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<td>“Compliance rates with the King County Board of Health regulation [to eliminate trans fats in restaurant chains] were at 96% by March 2009 just two months after implementation....One year after full implementation of the King County Board of Health’s regulation compliance rates were 99.5% in February 2010.”</td>
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**Banning trans fat will not increase saturated fat intake.**

**National Association of City and County Health Officials (NACCHO)**

“Healthier alternatives are already available to the industry....Since [the 2003 FDA trans-fat labeling regulation], substitutes have become readily available for virtually all types of food and should not be a hindrance for companies of any size to completely eliminate the use of PHOs in their products.”

**Dariush Mozaffarian, MD, PhD**

**Harvard School of Public Health**

“None of these concerns were realized in Denmark or NYC...Studies demonstrate that manufacturers/restaurants generally remove TFA [Trans Fatty Acid] without corresponding increases in saturated fat.”

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**Revoking PHO’s GRAS status is the best option available.**

**Trust for America’s Health**

“We should not…view voluntary efforts as sufficient to protecting Americans from the dangerous and known health effects of PHOs.”

**American Heart Association**

“We do not support [alternative approaches suggested by the industry] and believe that revoking the GRAS status of PHOs is the best approach.”