

## **Examples of Policies to Increase Access to Healthier Food Choices for Public Places: National, State, and Local Food and Nutrition Guidelines**

### **National Policies**

- **Partnership for a Healthier America, National Recreation and Park Association, and Boys & Girls Club of America**

In February 2014, Partnership for a Healthier America (PHA) announced that National Recreation and Park Association and Boys & Girls Club of America will ensure that nationwide 5,400 sites and clubs, which have before-school programs, after-school programs, and/or summer camps, will adopt nutrition and physical activity standards over the next five years. The nutrition standards will ensure that snacks and meals have more fruits, vegetables, and whole grains, no artificial trans fats or sugar sweetened beverages, only non-fat or reduced fat dairy products, only lean meat, poultry, seafood, eggs, and beans/legumes, and that plain water is available at all times at no cost to youth and staff.

<http://www.nrpa.org/committohealth/>

<http://ahealthieramerica.org/media/news-releases/#5482,news>

- **The US Department of Health and Human Services (HHS) Hubert H. Humphrey Building**  
Nutrition Standards: Cafeteria

The Humphrey Building Cafeteria was the first federal food service operation to incorporate the HHS/General Services Administration (GSA) Health and Sustainability Guidelines for Federal Concessions and Vending Operations.

<http://www.cdc.gov/chronicdisease/resources/guidelines/food-service-guidelines.htm>.

As of March 2012, all of GSA's 32 federal facilities in the Capital Region have incorporated the guidelines in full or in part. The goals of the guidelines are to eliminate industrially produced trans fats, decrease sodium content, and allow individuals to make informed choices through labeling of menu items. Monthly cafeteria sales increased by 34 percent on average compared to the same time period in the year before the changes were made. The agency believes that the success of the program is due, in part, to educating consumers about the changes and support from key leadership at all levels.

[http://www.cspinet.org/new/pdf/case\\_study\\_humphrey\\_building\\_cafeteria\\_experience\\_may\\_2012.pdf](http://www.cspinet.org/new/pdf/case_study_humphrey_building_cafeteria_experience_may_2012.pdf)

- **United States Army**

Nutrition Standards: Meals

The United States Army has established a feeding standard for 10 Initial Military Training (IMT) installations around the country participating in the Soldier Fueling Initiative (SFI). This encompasses Department of Defense (DOD) nutrition standards, nutrition education, menu development, product selection, and preparation and serving standards. Menu standards aim to provide variety, texture, flavor, and color and address levels of fat, sodium, sugars, whole grain, and fortification with vitamins and minerals.

The standards specify that regular or diet sodas, breakfast pastries, sugar-free desserts, and frankfurters and other link-type meats will not be served.

[http://www.quartermaster.army.mil/jccoe/Operations\\_Directorate/QUAD/nutrition/Implementation\\_Guide\\_January\\_2012.pdf](http://www.quartermaster.army.mil/jccoe/Operations_Directorate/QUAD/nutrition/Implementation_Guide_January_2012.pdf)

- **United States National Park Service**

Nutrition Standards: Concessions

On June 5, 2103, the U.S. National Park Service launched the Healthy and Sustainable Food Program (HSFP). The program requires parks to include the healthy food standards in new contracts with concessioners. In parks where the contract is not up for renewal, the park is encouraged to work with concessioners to voluntarily adopt the guidelines. The standards state that all entrees or meals must come with fruit or vegetable, milk should be low-fat, 30% of beverages have no added sugars, two meals meet nutrition standards, and foods that contain no trans fat.

[http://concessions.nps.gov/news\\_healthy\\_food\\_launch.htm](http://concessions.nps.gov/news_healthy_food_launch.htm)

## **State and Local Policies**

### **Alabama**

- **Alabama Department of Public Health**

Nutrition Standards: Vending

The Alabama Department of Public Health Nutrition and Physical Activity Division developed the Alabama Healthy Vending Machine Program. The program focuses on improving nutrition standards for at least 25% of the foods and beverages in vending machines in government agencies, hospitals, universities, and private businesses. Healthier options are highlighted through the use of the Good Choice symbol, promotional materials, an informational website, strategic high-visibility placement of healthier items in the machines, and pricing strategies that encourage the purchase of healthier items. A toolkit and approved snack list are available.

<http://www.adph.org/NUTRITION/index.asp?id=4929>

### **Arkansas**

- **City of Fayetteville, AR**

Nutrition Standards: Vending

In 2016, the mayor of Fayetteville signed an executive order requiring that healthier options be available in all vending machines located on the city's property. Based on the American Heart Association's healthy workplace food and beverage guidelines, none of the food products offered through vending can contain trans fat or more than 230 mg of sodium. One-quarter of the food options must be no more than 200 calories, with less than 10% of calories from saturated fat and less than 35% of the weight from sugars. At least half of the beverage offerings must be 40 calories or less, 100% fruit or vegetable juice with no added caloric sweeteners and fewer than 230 mg of sodium, or fat-free or low-fat milk.

*Policy is available upon request*

- **City of North Little Rock, AR**

Nutrition Standards: Meetings, Vending, and Concessions

North Little Rock has a policy recommending that 50% of foods and beverages served at meetings and events and sold through vending machines be healthier options (using the NIH's Go, Slow, Whoa criteria). The City also recommends at least two food and two beverage options at concession stands be healthier. Healthier options sold through vending and concessions should be competitively priced (lower or equal to unhealthy options) and displayed more prominently than other foods.

<http://nlr.ar.gov/government/council%20agenda/Resolutions/R-12-72.pdf>

- **Springdale, AR**

Beverage and nutrition standards: vending

Executive Order: adopted 5/2/16

Vending machines in city-owned buildings must display calorie information for all products. All snack foods must contain 0 grams of trans fat and  $\leq 230$  mg of sodium. 25% of snack products must be  $\leq 200$  calories,  $< 10\%$  of calories from saturated fat,  $\leq 35\%$  of its weight from sugars. 50% of beverages must have  $\leq 40$  calories, be 100% fruit-juice with no added sweeteners, 100% vegetable-juice with  $< 230$  mg of sodium, or be low-fat or fat-free milk.

## California

- **State of California**

Nutrition Standards: Vending

Currently, 35% of food and at least two-thirds of beverages sold through vending machines in California state buildings must meet nutrition standards.

This policy will sunset on January 1, 2015.

[http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=200720080SB441&search\\_keywords=](http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=200720080SB441&search_keywords=)

- **Department of Corrections**

Voluntary beverage and nutrition procurement and service

The nutrition guidelines were developed collaboratively by nutrition experts from nine California state departments. Beverages goals include that at least 50% of beverages should contain  $\leq 40$  calories per serving (other than 100% juice and unsweetened milk), beverages  $> 40$  calories be limited to 8 oz. per serving and free drinking water is available throughout the day. They aim to serve only 1% or non-fat milk, yogurt or cottage cheese, and yogurt that contains no added caloric sweeteners. The sodium goal for processed cheeses is  $\leq 230$ mg sodium per serving.

They aim to eliminate or limit fried food options and limit sodium in mixed dishes to  $< 800$ mg per serving, vegetables contain  $\leq 230$  mg sodium per serving and entrees consisting of 50% or more vegetables have  $\leq 480$  mg sodium per serving. They try to serve at least three whole or sliced servings of fruit daily, at least one raw or steamed/baked vegetable daily.

For grains, they aim to make them whole grain; limit sodium in cereal and pasta offerings to < 230 mg of sodium and ≤ 140 mg of sodium per ounce of bread. 50% of cereals should ≥ 3g of fiber and < 10g of total sugars per serving.

### Counties

- **Alameda County, CA**

Nutrition Standards: Functions, Vending, Catering, and Cafeterias

In Alameda County, 50% of food and beverage items available at county-funded meetings and events are healthier options. This includes items available in vending machines on county owned or leased property. Healthy options must be placed in easily visible locations.

[https://www.acgov.org/sustain/documents/Nutr\\_Policy\\_Fact\\_Sheet.pdf](https://www.acgov.org/sustain/documents/Nutr_Policy_Fact_Sheet.pdf)

- **Contra Costa County, CA**

Nutrition Standards: Vending

Contra Costa County enacted a policy in 2004 that requires that 50% of food and beverages sold in vending machines in county owned or operated facilities (excluding Contra Costa Health Services) meet specific nutrition standards. Vending policy in Contra Costa Health Services facilities requires that 100% of snack foods and beverages meet specific nutrition standards.

[http://www.banpac.org/toolkit\\_HFBPE/section6/6-ContraCosta\\_Vending\\_Policy\\_10-26-10.pdf](http://www.banpac.org/toolkit_HFBPE/section6/6-ContraCosta_Vending_Policy_10-26-10.pdf)

- **Los Angeles County, CA**

Nutrition Standards: Vending

Los Angeles County requires that 100% of all snacks and beverages sold in vending machines on government property must meet the State of California's Nutrition Guidelines (developed for schools). Sunset provision Oct. 21, 2014

<http://countypolicy.co.la.ca.us/BOSPolicyFrame.htm>

- **Marin County, CA**

Nutrition Standards: Vending

Fifty percent of the food and beverages sold through vending machines in Marin County's Department of Health and Human Services building must meet nutrition standards. The vendor must use pricing and promotion techniques to support the healthier options. [http://www.banpac.org/pdfs/healthy\\_vending/marin\\_county.pdf](http://www.banpac.org/pdfs/healthy_vending/marin_county.pdf)

- **Monterey County, CA**

Nutrition Standards: Vending

Monterey County enacted a policy in 2009 that requires that 100% of beverages and snacks/food sold in vending machines in County owned, leased, and/or operated facilities meet specific nutrition standards.

<http://000sweb.co.monterey.ca.us/admin/Healthy%20Vending%20Machine%20Policy.pdf>

- San Diego County, CA**  
 Nutrition Standards: Vending  
 San Diego County policy requires that 100% of foods and beverages sold in vending machines at county facilities that primarily serve youth and 50% of foods and beverages sold in vending machines at all other county facilities meet nutrition standards.  
<http://www.sdcounty.ca.gov/cob/docs/policy/K-14.pdf>
- City and County of San Francisco, CA**  
 Nutrition Standards: Vending  
 By executive directive, the City and County of San Francisco set nutrition standards for food and beverages sold through vending machines on city and county property. The standards for beverages prohibit calorically sweetened drinks and 50% of foods must meet nutrition standards.  
<http://www.sfgov3.org/Modules/ShowDocument.aspx?documentid=68>
- San Francisco, CA**  
 Nutrition Standards: Advertising  
 The San Francisco ordinance restricts the advertising of sugar-sweetened beverages on all city and county property. The pre-existing ordinance, which applied to tobacco and alcohol, was amended to include sugar-sweetened beverages. The ordinance was introduced on March 10, 2015; passed unanimously by the Board of Supervisors on June 16, 2015; and signed by the Mayor on June 25, 2015. It became effective immediately.  
[The law has been challenged in court by the American Beverages Association on the grounds of free-speech.](https://sfgov.legistar.com/LegislationDetail.aspx?ID=2240423&GUID=5220A723-8443-476C-A36D-A986D9A4AAF3)  
<https://sfgov.legistar.com/LegislationDetail.aspx?ID=2240423&GUID=5220A723-8443-476C-A36D-A986D9A4AAF3>
- San Mateo County, CA**  
 Nutrition Standards: Vending, Meetings, Events, Fundraisers, and Food Service  
 San Mateo County's Wellness Policy, enacted in 2011, aims to increase access to healthy food and beverage options and establishes nutrition standards for on-site food service, vending machines, commissaries, meetings, trainings, conferences, waiting areas, and lobbies.  
<http://hr.smcgov.org/documents/county-wellness-policy>
- Santa Barbara County, CA**  
 Nutrition Standards: Events  
 Requires that at least 50% of beverages purchased with county funds and served at Public Health Department events include water, 100% juice, and/or diet soda (only if regular soda is offered).  
*Policy is available upon request*

- **Santa Clara County, CA**

Nutrition Standards: Meetings, Events, Vending, and Custodial Populations

The Santa Clara County Public Health Department food and beverage policy went into effect July 1, 2012. The standards are required for county meetings, events, vending machines, and custodial populations, including: Department of Correction, Department of Probation, Social Services Agency, and Santa Clara Valley Medical Center. The standards are recommended for cafeterias, cafes, and county-leased properties.

[http://www.sccgov.org/sites/planning/PlansPrograms/GeneralPlan/Health/Documents/NUTRITION\\_STANDARDS\\_2012.pdf](http://www.sccgov.org/sites/planning/PlansPrograms/GeneralPlan/Health/Documents/NUTRITION_STANDARDS_2012.pdf)

- **Solano County, CA**

Nutrition Standards: Vending

Fifty percent of food and beverages sold through vending machines on county property must meet nutrition standards. Healthier items must be priced less than or equivalent to items that do not meet the standards. Healthier items also must be placed in the top third of the vending machine to increase viability. In addition, marketing of unhealthy food items on or around the vending machine is prohibited.

[http://www.co.solano.ca.us/BOSAgenda/MG35202/AS35265/AS35267/AS35271/AI36565/DO36644/DO\\_36644.PDF](http://www.co.solano.ca.us/BOSAgenda/MG35202/AS35265/AS35267/AS35271/AI36565/DO36644/DO_36644.PDF)

#### Cities

- **City of Baldwin Park, CA**

Nutrition Standards: City Facilities, Institutions, and Vending

The City of Baldwin Park mandates that 100% of foods and beverages provided and/or sold in city facilities, vending machines, and institutions, including but not limited to afterschool programs, recreation centers, pools, libraries, parks, community centers, and childcare centers, meet nutrition standards. Vending machine fronts advertise a “Healthy Baldwin Park.”

[http://www.baldwinpark.com/index.php?xoption=com\\_docman&task=doc\\_download&gid=1333&Itemid=218&mode=view](http://www.baldwinpark.com/index.php?xoption=com_docman&task=doc_download&gid=1333&Itemid=218&mode=view)

- **City of Bell Gardens, CA**

Nutrition Standards: Vending

The City of Bell Gardens requires that 100% of foods and beverages sold in vending machines located on city property meet nutrition standards.

<http://www.californiaprojectlean.org/docuserfiles//BG%20Final%20Vending%20Stds.pdf>

- **City of Brentwood, CA**

Nutrition Standards: Vending and Concessions

The City of Brentwood mandates that all vending and concession foods and beverages made available on city premises meet the nutrition standards in their wellness policy.

<http://www.ci.brentwood.ca.us/pdf/new/parks/wellnesspolicy.pdf>

- City of Carson, CA**  
 Nutrition Standards: Vending  
 The City of Carson enacted a policy that went into effect on July 1, 2012 requiring all vending machines in city facilities to contain 100% healthy snack, entrée, and beverage offerings.  
[http://ci.carson.ca.us/MeetingAgendas/AgendaPacket/MG53054/AS53066/AS53070/AS53099/DO53125/DO\\_53125.PDF](http://ci.carson.ca.us/MeetingAgendas/AgendaPacket/MG53054/AS53066/AS53070/AS53099/DO53125/DO_53125.PDF)
- City of Chula Vista, CA**  
 Nutrition Standards: Vending  
 Chula Vista City enacted a policy in 2006 that requires all vending machines in any city facility contain 100% healthy snack and beverage offerings.  
[http://ourcommunityourkids.org/media/2399/CV\\_Vending\\_Policy.pdf](http://ourcommunityourkids.org/media/2399/CV_Vending_Policy.pdf)
- City of Davis, CA**  
 Nutrition Standards: Vending and Concessions  
 At least 50% of the foods and beverages offered at Parks and Recreation Facilities in vending machines and at city-operated concessions must meet nutrition standards, in support of the Healthy Eating Active Living (HEAL) Cities Campaign.  
<http://city-council.cityofdavis.org/media/default/documents/pdf/citycouncil/councilmeetings/agendas/20101214/packet/03-a-heal.pdf>
- City of El Monte, CA**  
 Nutrition Standards: Vending and City Facilities  
 The City of El Monte requires that 100% of food snacks and beverages for sale in vending machines and snack bars or offered for consumption at youth-oriented programs and facilities meet nutrition standards. The resolution language stipulates that future procurement or contractual negotiations include the nutrition guidelines.  
[http://publichealthadvocacy.org/PDFs/beverage\\_policies/ElMonteResolution\\_5.3.11.pdf](http://publichealthadvocacy.org/PDFs/beverage_policies/ElMonteResolution_5.3.11.pdf)
- City of Huntington Park, CA**  
 Nutrition Standards: Vending and City Facilities  
 The City of Huntington Park mandates that 100% of food and beverages funded by the city and provided or sold in city facilities including youth-oriented programs, recreation centers, pools, libraries, parks, and community centers meet nutrition guidelines.  
<http://healcitiescampaign.org/document.html?id=241>
- City of La Puente, CA**  
 Nutrition Standards: City Facilities, Institutions, Vending and Meetings

The City of La Puente requires that 100% of beverages and foods sold through city facilities, institutions, vending, or provided at meetings of city staff comply with nutrition standards.

<http://www.californiaprojectlean.org/docuserfiles/la%20puente.pdf>

- **City of Long Beach, CA**

Nutrition Standards: City Meetings and Events

The City of Long Beach Department of Health and Human Services enacted a Healthy Snack Food and Beverage Policy and a Healthy Beverage Vending Policy in December 2011 for city sponsored meetings and events.

<http://cfpa.net/losangeles/long-beach-votes-in-favor-of-healthy-food-and-beverage-policies>

- **City of Los Angeles, CA**

Nutrition Standards: Vending

The city of Los Angeles requires 25% of the food and beverages sold in vending machines in city facilities and in city-sponsored programs to meet nutrition standards.

<http://eatbettermovemore.org/sa/policies/pdftext/LAChildNutrition.pdf>

- **City of Mountain View, CA**

Nutrition Standards: Vending, City Meetings, Events, and Youth Programs

70% of food and beverages sold in vending machines in city facilities must meet nutrition standards. 100% of the beverages and at least one of the food options served at city-sponsored events and meetings must meet nutritional standards. 50% of the snacks served at youth programs must meet nutritional standards. Employee potlucks are recommended to be healthy.

<http://healnation.com/files/documents/Mountain%20View%20Nutrition%20Policy.pdf>

- **City of Pasadena, CA**

Nutrition Standards: Vending, City Meetings, Events, and Programs

The City of Pasadena requires that 100% of the food and beverages sold in vending machines on city property, as well as 100% of the food and beverages served at all meetings, programs, and events led or coordinated by city staff and programs, or purchased using city funds, meet nutrition standards.

[http://ww2.cityofpasadena.net/councilagendas/2011%20agendas/Oct\\_03\\_11/AR%202.pdf](http://ww2.cityofpasadena.net/councilagendas/2011%20agendas/Oct_03_11/AR%202.pdf)

- **City of Pico Rivera, CA**

Nutrition Standards: Vending, Concessions, and Programs

The City of Pico Rivera requires that 100% of foods and beverages provided or sold by the city meet nutrition standards. The requirement applies to but is not limited to after-school programs, recreation centers, city pools, parks, and classes.

<http://www.healcitiescampaign.org/document.html?id=246>



- **City of Rancho Cucamonga, CA**

Nutrition Standards: Vending

The City of Rancho Cucamonga requires that 50% of all food and beverages sold in vending machines in city facilities and used in city programs meet nutrition standards. At least one snack and beverage provided during meetings and events is required to meet nutrition standards, and healthier entrees are encouraged.

[http://publichealthadvocacy.org/PDFs/beverage\\_policies/vending/Rancho%20Cucamonga.pdf](http://publichealthadvocacy.org/PDFs/beverage_policies/vending/Rancho%20Cucamonga.pdf)

- **City of Redding, CA**

Nutrition Standards: Vending, Concessions, Programs and Events

100% of the beverages sold in vending machines at facilities that primarily serve youth (such as recreation centers and sports facilities) must meet nutrition standards. 50% of the beverages sold in vending machines at all other facilities (such as parks and open space), and 50% of the food and beverages sold at concession stands must meet nutrition standards. This policy also includes their own nutrition standards for beverages, snacks and entrées.

[http://publichealthadvocacy.org/PDFs/beverage\\_policies/ReddingNutritionStandardsPolicy.pdf](http://publichealthadvocacy.org/PDFs/beverage_policies/ReddingNutritionStandardsPolicy.pdf)

- **City of Riverbank, CA**

Nutrition Standards: Vending

50% of foods and beverages sold in vending machines in city facilities must meet nutrition standards. These items must be of an equivalent or lower price than items that do not meet the standards, and must either be placed at the top of the vending machine, or next to the less healthy items as a side by side comparison to highlight alternatives.

<http://www.healcitiescampaign.org/document.html?id=305>

- **City of Sacramento, CA**

Nutrition Standards: Vending

The City of Sacramento vending machine nutrition policy requires that 50% of the beverages and foods sold in vending machines in city facilities meet nutrition standards. These standards set parameters for fat, sodium, sugar, and calorie content as well as pricing requirements.

[http://sacramento.granicus.com/MetaViewer.php?meta\\_id=372996&view=&showpdf=1](http://sacramento.granicus.com/MetaViewer.php?meta_id=372996&view=&showpdf=1)

- **City of San Fernando, CA**

Nutrition Standards: Vending

As of 2011, 100% of food and beverage sold in vending machines located in city facilities and institutions (such as city parks and pools) must meet nutrition standards.

<http://healcitiescampaign.org/document.html?id=248>

- **City and County of San Francisco, CA**

Nutrition Standards: Vending

By executive directive, the City and County of San Francisco set nutrition standards for food and beverages sold through vending machines on city and county property. The standards for beverages prohibit calorically sweetened drinks and 50% of foods must meet nutrition standards.

<http://www.sfgov3.org/Modules/ShowDocument.aspx?documentid=68>

- **City of San Jose, CA**

Nutrition Standards: Vending

All vending machines on city property must be stocked with 50% healthier snacks and beverages. All vending machines in community centers must be stocked with 75% healthier snacks and beverage options (an increase from previous standards of 50% healthier options). All vending machines in city libraries must have 100% healthier snacks and beverages.

[http://www3.sanjoseca.gov/clerk/Agenda/061306/061306\\_02.13.pdf](http://www3.sanjoseca.gov/clerk/Agenda/061306/061306_02.13.pdf)

<http://sanjoseca.gov/DocumentCenter/View/21619>

[http://www3.sanjoseca.gov/clerk/Agenda/031406/031406\\_03.04att.pdf](http://www3.sanjoseca.gov/clerk/Agenda/031406/031406_03.04att.pdf)

- **City of San Leandro, CA**

Nutrition Standards: Programs

All beverages and food provided by the Recreation and Human Services Department in their youth and senior programs must meet the nutrition guidelines. Water is noted as the preferable beverage. City meetings and workplaces are encouraged to include healthy options.

[http://publichealthadvocacy.org/PDFs/beverage\\_policies/SanLeandroWellnessPolicy.pdf](http://publichealthadvocacy.org/PDFs/beverage_policies/SanLeandroWellnessPolicy.pdf)

- **City of Santa Ana, CA**

Nutrition Standards: Vending

All vending machines on city property must be stocked with 50% healthy snacks and beverages.

<http://eatbettermovemore.org/sa/policies/pdf/text/StAnaHealthySnacks.pdf>

- **City of Saratoga, CA**

Nutrition Standards: Vending

All vending machines located on public property must, whenever possible, stock 25% healthy food and beverages options. The healthy options must, whenever possible, be placed in the top third of the machine, marked for easy identification as healthy options, and priced at or below less healthy options.

<http://www.healthycommunitieshealthyfuture.org/images/municipalities/710/1897.pdf>

- **City of South El Monte, CA**

Nutrition Standards: City Property

In the spring of 2011, the **South El Monte City Council** approved an ordinance allowing only items that meet nutrition guidelines to be sold and distributed on city property.

The requirement applies to but is not limited to after school programs, recreation centers, city pools, libraries, and meetings.

<http://healcitiescampaign.org/document.html?id=202>

- **City of Victorville, CA**

Nutrition Standards: Vending

At least 50% of the food and beverages offered in city-owned and contracted vending machines must meet nutrition standards. Foods/beverages meeting these standards must be sold at a price that is equivalent to or lower than the price of those items offered in vending machines that do not meet these standards, and they must be placed in the top half of the vending machine so that they are visible.

[http://publichealthadvocacy.org/PDFs/beverage\\_policies/vending/Victorville.pdf](http://publichealthadvocacy.org/PDFs/beverage_policies/vending/Victorville.pdf)

- **City of Visalia, CA**

Nutrition Standards: Vending, Concessions, Programs, and Events

Requires that 50% of food and beverages sold in vending machines in Parks and Recreation facilities meet nutrition standards. City programs, meetings, concessions, and events must have healthy options available. Recommended that concessions and events have 50% healthy food and beverages. Requires sports leagues to promote healthy eating through flyers.

<http://www.ci.visalia.ca.us/civicax/filebank/blobdload.aspx?blobid=11349>

**For more information on nutrition policies adopted by California Cities and Counties, visit the California Center for Public Health Advocacy website at:**

[http://www.publichealthadvocacy.org/PDFs/beverage\\_policies/CABeveragePolicies\\_Cities\\_Counties.pdf](http://www.publichealthadvocacy.org/PDFs/beverage_policies/CABeveragePolicies_Cities_Counties.pdf)

## **Colorado**

- **Boulder County, CO**

Nutrition Standards: Vending

In October 2013, the Boulder County Board of Health signed a resolution to move forward with healthy vending guidelines. As a result, in April 2014, the Boulder County director of human resources sent a letter to vendors requesting 30% of all products in Boulder County vending machines meet nutrition guidelines by June 2014.

## Delaware

- **Delaware State Parks, DE**

Nutrition Standards: Vending and Concessions

As part of a new Healthy Eating Initiative called “Munch Better at Delaware State Parks,” healthy food items are offered for sale from vending machines and at the concession at one park. The nutrition standards were developed by Nemours Health and Prevention Services, and the healthier options will be competitively priced.

[http://www.destateparks.com/general\\_info/healthy-eating.asp](http://www.destateparks.com/general_info/healthy-eating.asp)

## District of Columbia

- **District of Columbia**

Nutrition Standards: Vending, Concessions, Cafeterias, and Meetings

In July 2014, the District of Columbia Council enacted a law that ensures 50% of foods and beverages served or sold through vending machines, on-site retail, and meetings on D.C. government property meet the U.S. General Services Administration/U.S. Health and Human Services Health and Sustainability Guidelines nutrition standards. The only foods and beverages exempted from the law are foods served by the Department of Corrections and the Department of Behavioral Health. The nutrition standards were passed as part of a greater workplace wellness initiative.

<http://lms.dccouncil.us/layouts/15/uploader/Download.aspx?legislationid=32650&filename=B20-0956-SignedAct.pdf>

Nutrition Standards: Vending and Concessions

The District of Columbia Council enacted B19-758 (December 4, 2012), a law that requires all foods sold through vending machines, concessions, stores, and other food venues in D.C. libraries, parks, and recreation facilities to meet nutrition standards. Foods and beverages marketed in those facilities must meet the same nutrition standards.

<http://dcclms1.dccouncil.us/images/00001/20121210182547.pdf>

## Florida

- **City of Hollywood, FL**

Nutrition Standards: Vending

The Hollywood City Council passed resolution R-2014-211, which authorizes the City to enter into a five-year contract with Gilly Vending, Inc. The contract requires all 45 vending machines located in City-owned buildings to have at least 30% of foods and beverages meet all of the American Heart Association vending standards. An additional 20% of foods and beverages need to meet at least one of the American Heart Association requirements. The contract has two one-year renewal options.

<https://hollywoodfl.legistar.com/LegislationDetail.aspx?ID=1831488&GUID=FFE94412-6E07-43C2-83EB-8F2E894F7DAF>

- **Palm Beach County, FL**

Nutrition Standards: Vending

Palm Beach County Health Department has nutrition standards for food sold in vending machines. Standards were developed by a nutrition evaluation committee.

[http://www.pbchd.com/pdfs/nutrition/2011/vending\\_protocols.pdf](http://www.pbchd.com/pdfs/nutrition/2011/vending_protocols.pdf)

## Illinois

- **Chicago Park District, IL**

Nutrition Standards: Vending

In 2010, the Chicago Park District awarded a vending contract where 100% of snack items in vending machines will follow the Fit Pick program nutrition guidelines (Option 2) that set limits for calories, fat, sugars and sodium.

[http://www.healthykidshealthycommunities.org/sites/default/files/HKHC\\_AGM2012\\_Chicago\\_HealthyVending.pdf](http://www.healthykidshealthycommunities.org/sites/default/files/HKHC_AGM2012_Chicago_HealthyVending.pdf)

- **City of Chicago, IL**

Nutrition Standards: Vending

The City of Chicago requires that 75% of all cold beverages and snack foods and 100% of all hot beverages sold through vending machines in city departments and buildings meet nutrition standards. The standards also include provisions for prominent calorie labeling and pricing healthier options competitively.

[http://www.cityofchicago.org/city/en/depts/mayor/press\\_room/press\\_releases/2012/november\\_2012/mayor\\_emanuel\\_announcesnewhealthyvendingmachinestobelocatedacros.html](http://www.cityofchicago.org/city/en/depts/mayor/press_room/press_releases/2012/november_2012/mayor_emanuel_announcesnewhealthyvendingmachinestobelocatedacros.html)

## Iowa

- **State of Iowa**

Nutrition Standards: Cafeterias and Vending

In November 2013, Iowa added the U.S. General Services Administration/U.S. Health and Human Services Health and Sustainability Guidelines to two cafeteria contracts in the Iowa Capitol Complex (however, the Department for the Blind opted to not follow the standards for the vending in those two buildings). Iowa Department of Public Health has been working with Department for the Blind on a Memorandum of Understanding to encourage vending machine operators to add healthier food and beverage options (25% of food and 50% beverage) meeting Nutrition Environment Measures-Survey (NEMS-V) nutrition standards.

<http://www.nems-v.com/>

## Kansas

- **Lawrence-Douglas County, KS**

Nutrition Standards: Vending

In early 2014, the Lawrence Parks and Recreation Department finalized beverage and food vending contracts that included a requirement for 50% healthier vending options, placing the healthier options in more prominent positions, and pricing the healthier options at less than or equal to the unhealthy options available. Later in 2014, both

Lawrence City and County governments adopted the same nutrition standards for a vending machines on City and County government property.

*Policy available upon request*

- **Liberal, KS**

Nutrition Standards: Vending and Concession

In October 2014, the City of Liberal, KS passed a resolution stating that at least 50% of foods and beverages from vending machines should meet nutrition standards and concession stands should offer at least one fresh fruit and vegetable. The nutrition standards included in the city's resolution are based on federal guidelines and the guidance of the National Alliance for Nutrition and Activity (NANA).

*Policy available upon request*

- **Riley County Fair, KS**

Nutrition Standards: Concessions

At the 2014 Riley County Fair, food standards were put into place such that 50% of all food and beverages offered were required to meet the nutrition standards and be offered at equal or lesser price than less healthy alternatives.

<http://www.rileycountyfair.com/files/library/2014%20Food%20Stand%20Manager%20RFP.pdf>

## **Kentucky**

- **State of Kentucky**

Nutrition Standards: Children's Meals

As part of the Better Bites Program (a project of the Tweens Nutrition and Fitness Coalition), all 17 restaurants in State Parks now feature healthier options on their kids' menus. 80% of items on the children's menus now meet the Better Bites nutrition standards and all meals are served with a side of fresh fruit or vegetable. Children's menu options also can be ordered by adults.

<http://www.kyforward.com/our-health/2013/07/09/healthier-menu-items-for-kids-now-available-at-all-17-kentucky-state-parks-restaurants/>

- **Lexington Parks and Recreation Department, KY**

Nutrition Standards: Concessions

During the summer of 2011, the Lexington Parks and Recreation Department in collaboration with the Tweens Nutrition and Fitness Coalition introduced the Better Bites program to offer healthy menu alternatives at concession stands at two of its pools. Nine healthy items were added to the usual menu and promoted through more prominent signage, announcements, modeling by lifeguards, and pricing. In addition, at the Lexington Legends ball park, kids can get a colorful bag and fill it with their choice of three healthy snacks for \$4.00. For the 2012 season, Lexington Parks and Recreation has agreed that 50% of menu items at concessions will be healthy.

[www.fitky.org/ViewDocument.aspx?id=339](http://www.fitky.org/ViewDocument.aspx?id=339)

- Lexington-Fayette County Health Department, KY**  
 Nutrition Standards: Vending  
 Lexington-Fayette County Health Department stocks only foods and beverages that meet nutrition guidelines in the vending machines located on its area campuses.  
<http://www.lexingtonhealthdepartment.org/LinkClick.aspx?fileticket=Q1c1XYDjzrY%3D&tabid=68>
- City of Williamstown, KY**  
 Nutrition Standards: Events, Meetings, and Programs  
 The City of Williamstown requires all events, meetings, and programs sponsored by the City meet guidelines for healthier food and beverages. Beverages will be served as water when possible, and 50% of other beverages must come from 100% fruit or vegetable juice with no caloric sweeteners, non-fat or low-fat milk or dairy-free alternatives, or beverages containing no calories or less than 50 calories per eight-ounce. Food should have less total fat, trans fat, saturated fat, sugar, sodium, and white carbohydrates. Condiments should be low-fat and low-calorie.  
*Policy available upon request*

## Louisiana

- City of New Orleans**  
 Beverage and nutrition standards: vending, city facilities, and city-sponsored events and meetings  
 In December 2012, Mayor Mitch Landrieu issued Executive Order 12-04, which outlined the development and implementation of nutrition standards for vending machines at City Hall and other city-owned parks and facilities. Vending machine panels can only depict water or low-calorie beverages. The standards went into effect December 2013. Executive Order [12-04](#): Policy Memorandum [128](#); Effective 2/22/16  
  
 Fifty percent of foods sold on city property and provided during city meetings and events must meet the U.S. Department of Health and Human Services (HHS) and U.S. General Services Administration (GSA) health and sustainability guidelines. Vending machines and foods served on city owned properties that have children should contain products that comply with the Louisiana state vending machine policy for elementary schools in accordance with Act 331.  
  
 Nuts and seeds must be ≤ 1.5 ounces and have ≤ 230 milligrams of sodium per package. Other snacks shall meet the following criteria: ≤ 200 calories per package, ≤ 35% of calories from fat, ≤ 10% of calories from saturated fat, ≤ 10 grams of sugar per package, have no trans fat, and have ≤ 35 percent of calories from sugar (except for fruit, vegetables, and yogurt with ≤ 30 grams of sugar per 8 ounces). Allowed beverages include, 2%, 1%, and nonfat milk or a milk alternative; water without caloric sweeteners, 100% fruit or vegetable juice with ≤ 230 milligrams of sodium per container, or juices combined with water.

## Maine

- **City of Portland, ME**

Nutrition Standards: Vending

In September 2013, the City of Portland, ME approved the Power Vending program which calls for at least 60% of foods in all onsite vending machines to consist of healthier options. A Power Vending sticker will be used to indicate healthier options.  
<http://www.portlandmaine.gov/DocumentCenter/Home/View/5675>

## Maryland

- **Town of Forest Heights, MD**

Nutrition Standards: Vending, Meetings

In August 2013, the town of Forest Heights, MD passed a resolution to implement Healthy Options Beverage Standards for all vending machines and town-managed, contracted, or procured food and beverage services and programs. The resolution states that the standards should be reviewed every 3 years to ensure they meet or exceed the nationally-endorsed, science-based dietary recommendations.  
<http://www.forestheightsmd.gov/Archive/ViewFile/Item/395>

- **Howard County, Maryland**

Nutrition Standards: Packaged food, events, meetings, programs, vending and concessions

Ordinance Number: [CB 17-2015](#)

Howard County ordinance sets nutritional standards for packaged food and drink classified as “healthier choices” and requires that: (a) all packaged food and drink sold or offered to youth during county-sponsored events; or at county facilities, or through county programs (excluding public schools and fundraiser) be healthier choices, (b) at least 75 percent of all packaged food and drinks procured, sold or served on county property be healthier choices, (c) all healthier choices shall be displayed in ways to make them easily visible, (d) healthier beverages will be priced .25 less than comparable beverage, (e) water must be available free of charge at county sponsored events, (f) compliance be monitored and implementation tracked.

Ordinance [history](#): introduced May 4, 2015; passed on July 6, 2015 with a vote 4 to 1; vetoed by County Executive on July 13, 2015; the county council overrode the veto on July 31, 2015. The ordinance will become effective October 1, 2015.

- **Baltimore, Maryland**

Nutrition standards: vending

Adopted via contacting 10/23/15

All vended foods will have no trans-fat and less than 241 mg sodium per serving, and at least one item must have less than 140 mg per serving. At least 50% of foods will have ≤ 35% of total calories from fat; ≤ 10% of calories from saturated fat; ≤ 35% total weight from sugars; and ≤ 200 calories per label serving.



In beverage vending, water is required to be placed in the position with the highest selling potential, high caloric beverages are to be placed in the position with the least selling potential. 50% of beverages must contain less than 40 calories per serving (except 100% juice and unsweetened milk). Other beverages that meet nutrition standards include sports drinks with  $\leq 100$  calories, milk (non-fat, 1%, including flavored with  $< 15\text{g}$  of added sugar per 240 ml serving), 100% fruit/vegetable juice; and fruit-based drinks with  $\geq 50\%$  juice and no added caloric sweeteners.

## Massachusetts

- **State of Massachusetts**

Nutrition Standards: Food Purchased and Served by State Agencies

Massachusetts Governor Deval Patrick issued Executive Order 509 requiring that food for patients and confined persons meet nutrition standards. It exempts food service to employees, vending machines, and concessions. Massachusetts has a Healthy Meeting and Event Guide which offers *recommended* standards.

<http://www.mass.gov/governor/legislationeeexecorder/executiveorder/executive-order-no-509.html>

- **City of Boston, MA**

Beverage Nutrition Standards: City Buildings and Property

Through an executive order by Mayor Thomas Menino, the City of Boston ended the sale of high-sugar or “red” beverages (‘traffic light’ signage distinguishes green, yellow, and red beverages) in October 2011. The policy includes what can be sold or served in cafeterias, vending machines, concession stands, and at meetings, programs and events where beverages are purchased with City funds.

[http://www.cityofboston.gov/news/uploads/14552\\_36\\_9\\_3.pdf](http://www.cityofboston.gov/news/uploads/14552_36_9_3.pdf)

## Minnesota

- **City of Bloomington, MN**

Nutrition Standards: Vending, Concessions, Events, and Meals

In January 2015, the City of Bloomington, MN adopted a nutrition policy to ensure all food purchased by the city meets Smarter Choices Nutrition Guidelines and Recommended Practices, based on national recommendations. The 2015 goal is that 40% of city operated concessions and vending snacks and beverages meet these guidelines and 50% of meal options apply the recommended practices.

*Policy available upon request*

- **City of Minneapolis, MN**

Nutrition Standards: Cafeteria, Vending, and Meeting

In October 2011, the Minneapolis City Council passed a policy to improve the nutritional quality of foods and beverages served or sold through vending machines, cafeterias, meetings, and other City contracts that include food. The vending machines standards require that 75% of the options meet nutrition guidelines, the cafeteria standards

require one healthier meal option, and the meeting and contract standards include a variety of recommendations that should be considered for all meals and snacks.

<http://www.ci.minneapolis.mn.us/hr/benefits/WCMS1P-096529>

- **City of Richfield, MN**

Nutrition Standards: Concessions

The city adopted nutrition standards for 30% of food and beverage items sold through concessions at city recreational facilities. The facilities include an ice arena, outdoor pool, athletic complexes, and three parks. They plan to develop standards for vending at these facilities.

<http://www.health.state.mn.us/divs/oshii/ship/communities/bloomingtonedinarichfield.html>

## **Mississippi**

- **State of Mississippi**

Nutrition Standards: Vending

Using the Fit Pick program, Mississippi State agencies are required to offer 25% healthy options in all vending machines. The Mississippi State Department of Health has led the initiative and collaborated with blind vendors and other business owners to implement changes. They plan to transition from Fit Pick to 25% for the U.S. General Services Administration Department/U.S. Health and Human Services Department Health and Sustainability Guidelines.

[http://msdh.ms.gov/msdhsite/\\_static/43,10409,277,86.html](http://msdh.ms.gov/msdhsite/_static/43,10409,277,86.html)

- **Hernando, MS**

Nutrition Standards: Vending

In 2006, Mayor Chip Johnson signed an Executive Order to either remove vending machines from City property or have all food and beverage options sold through vending machines on City property meet the National Alliance for Nutrition and Activity vending machine guidelines for schools.

*Policy available upon request*

## **Missouri**

- **City of Kansas City, MO**

Nutrition Standards: Vending

On March 6, 2014 the Kansas City, MO City Council adopted resolution 140130 to establish nutrition standards for 100% of beverages, 65% of snacks, and 50% of entrees sold through vending machines on city facilities.

<http://bit.ly/1cPx1mD>

## **Montana**

- **Montana Department of Public Health and Human Services**

Nutrition Standards: Vending, Meetings, and Cafeterias

In January 2014, the Department of Public Health and Human Services passed policies establishing nutrition guidelines for vending machines (requiring at least 40% healthier options), state health department-sponsored meetings, and cafeterias in health department buildings.

## **New York**

- **New York City, NY**

Nutrition Standards: Food Purchased or Served on City Property

New York City has a comprehensive food procurement policy that outlines standards for any food purchased or served on government property. The standards are separated into Standards for Purchased Food, Standards for Meals and Snacks Served, and Agency and Population-Specific Standards and Exceptions. The population-specific guidelines outline nutrition standards for children, seniors, correctional facilities, and patients under therapeutic care.

[http://www.cspinet.org/new/pdf/nyc\\_agency\\_food\\_standards.pdf](http://www.cspinet.org/new/pdf/nyc_agency_food_standards.pdf)

- **Suffolk County, NY**

Nutrition Standards: Vending, Concessions, and Cafeterias

On July 29<sup>th</sup> 2014, the Suffolk County Legislature passed Local Law No. 24-2014, which establish nutrition guidelines for foods and beverages sold through vending machines, concession stands, and cafeterias on County property. The nutrition guidelines will be incorporated into County contracts as they come up for renewal. In addition to requiring the nutrition guidelines, the resolution requires that all promotional space on vending machines display items that meet the nutrition guidelines and that vendors display the calorie content of vending machine options.

<http://legis.suffolkcountyny.gov/Resos2014/i1096-14.pdf>

## **North Carolina**

- **Mecklenburg County, NC**

Beverage and Nutrition standards: vending and city-sponsored meetings and events  
Executive Order by Board of County Commissioners, 12/20/11. Policy developed with County Health Department.

Beverages allowed in vending machines include milk (1%, fat-free and milk alternatives) with ≤ 130 calories per 8 fl. oz.; 100% juice with ≤ 120 calories per 8 fl. oz. and no added caloric sugars sweeteners, all other beverages with ≤ 10 calories per serving.. Water must be available in all vending machines.

Vended food (other than nuts) must be sold in single serving packages. The contents must be ≤ 200 calories, ≤ 35% calories from fat, ≤ 240mg of sodium, 0g trans-fat, no hydrogenated oils, ≤ 1g of saturated fat, ≤ 35% total weight from sugars (not including non-processed fruits and vegetables). 100% nuts and seeds must be ≤ 1.5oz and 140mg of sodium per label serving.

Meals served at meetings should contain lean protein, a vegetarian protein, 2 servings of fruits or vegetables and whole grains. Snacks at meetings and events must meet nutrition standards for calories, sodium, and trans and saturated fats and water and low calorie beverages must be available among offered beverage options. If juice is offered it must be 100% juice.

## Ohio

- **City of Cleveland, OH**

Nutrition Standards: Food and Beverages Purchased with Public Funds and Programs that Coordinate with Public Agencies

In 2013, through its Healthy Cleveland Initiative, the City of Cleveland, along with the Cleveland Cuyahoga County Food Policy Coalition, The Greater Cleveland Food Bank, Ohio State University Extension, and others developed voluntary nutrition guidelines for foods and beverages purchased with public funds and programs that coordinate with public agencies, such as food banks, recreation centers, afterschool programs, and senior centers. In October 2013, the Cleveland City Council endorsed the voluntary guidelines in a resolution.

[http://cccfoodpolicy.org/sites/default/files/resources/healthy\\_cleveland\\_nutrition\\_guidelines.pdf](http://cccfoodpolicy.org/sites/default/files/resources/healthy_cleveland_nutrition_guidelines.pdf)

<http://www.ioecimperman.com/sites/default/files/documents/healthy%20cle%202.0%20resolution.pdf>

## Oklahoma

- **Tulsa, OK**

Nutrition Standards: Vending

Executive Order Number 2015-04

Establishes standards for healthier food and beverages in vending machines located on – owned or leased – city property. Requires caloric information at the point of sale. All vended foods must meet trans-fat and sodium standards and 35% of packaged food choices must meet caloric, saturated fat and sugar standards. 50% of beverage options other than 100% juice and unsweetened milk must contain no more than 40 calories per serving.

The executive order became effective June 30, 2015.

<https://www.cityoftulsa.org/media/426861/2015-04.pdf>

## Oregon

- **City of Portland, OR**

Nutrition Standards: Community Centers and Pools

In August 2010, the City of Portland's Parks and Recreation Department adopted their "Healthy Snacks Nutritional Standards" for all food and beverages sold at community centers and pools. The standards are the same as those used for Oregon high schools.

<http://www.portlandonline.com/parks/index.cfm?a=312791&c=43957>

## **Pennsylvania**

- **City of Philadelphia, PA**

Nutrition Standards: Foods and Beverages Purchased, Prepared, and Served by City Agencies

In 2011, the City of Philadelphia started implementing healthy beverage vending standards for machines in city-owned buildings. In 2012, standards went into place for foods sold through vending machines. Standards include that a minimum of 65% of foods and beverages offered must meet nutrition standards; locating healthy options in the highest selling positions (usually at eye level); providing calorie labeling at point of purchase; only depicting water or 100% juice on the exterior of the vending machine; and decreasing portion sizes of unhealthy beverages to 12 ounces. In June 2014, the Mayor issued Executive Order 4-14, which required the health commission, in collaboration with other affected city agencies, to create nutrition guidelines for all foods and beverages contracted by city agencies. As of July 2014, all new contracts will need to include the nutrition guidelines.

<http://www.phila.gov/health/commissioner/Workplace.html>

<http://www.phila.gov/ExecutiveOrders/Executive%20Orders/eo%204-14.pdf>

## **Tennessee**

- **State of Tennessee**

Nutrition Standards: Vending

In August 2010, Tennessee Governor Phil Bredesen issued Executive Order No. 69 promoting healthier food and beverage options for executive branch state public properties. This order required the development of nutrition standards for food and beverages sold through vending on executive branch state properties. In October 2013, the standards were updated from the National Automated Merchandizers Association Fit Pick standards to a modified version of the National Alliance for Nutrition and Activity Healthy Vending Guidelines and the percentage of options that need to meet the standards was increased from 25% to 30%.

<http://www.state.tn.us/sos/pub/execorders/exec-orders-bred69.pdf>

- **Tennessee Department of Health**

In September 2010, the Tennessee Department of Health began to implement their Nutrition, Physical Activity, and Obesity State Plan by labeling calories on menus and menu boards for foods served at state-managed stands and restaurants in eight Tennessee State Parks. Nutrition staff and dietetic interns conducted nutrition analysis for each food item. Future plans include expanding menu labeling to other state-sponsored food-service facilities.

<http://www.tennessean.com/assets/pdf/DN164122916.PDF>

<http://www.cdc.gov/obesity/downloads/MenuLabeling.pdf>

- **Shelby County, TN**

Nutrition Standards: Vending

In September 2012, Mayor Mark Luttrell announced that county vending machines would need to be stocked with 50% “Fit Pick” items. “Fit Pick” is a program created by the National Automated Merchandizers Association. This announcement affects 170 vending machines in 17 county buildings. Shelby County includes Memphis, TN.

<https://www.shelbycountyttn.gov/DocumentCenter/Home/View/5204>

## Texas

- **Austin/Travis County, TX**

Nutrition Standards: Vending

Austin/Travis County Health and Human Services Department and the Central Texas Diabetes Coalition developed the Model Healthy Vending Policy. It is expected that by the end of the summer 2012, 100% of the items in vending machines in Health and Human Services Department facilities will meet the standards.

<http://is.gd/vYyEdL>

- **City of San Antonio, TX**

Nutrition Standards: Vending

San Antonio’s city manager prohibited sugar-sweetened beverages from 250 city-owned beverage vending machines in May 2010. Since prohibiting sugar-sweetened beverages, San Antonio has put nutrition standards in place for foods sold through vending machines on City property, including vending machines on Department of Aviation property.

<http://images.bimedia.net/documents/vENDING+TOOLKIT+final.pdf>

## Vermont

- **State of Vermont**

Beverage and nutrition standards: vending and cafeteria.

Legislation H-0812 enacted 5/17/16, implementation July 1, 2016

The commissioner of health shall establish nutrition standards for all food sold, purchased, served or otherwise provided by the state. The nutrition standards should include positive and negative contributions to the diet, including calories, portion size, saturated fat, trans fat, sodium, sugar, and the presence of fruits, vegetables, and whole grains. The nutrition standards will be reviewed, and if necessary amended every 5 years. Calorie information must be displayed on vending machines and cafeterias on public property in accordance with federal guidelines.

- **University of Vermont, VT**

Beverage Nutrition Standards: Vending

The University of Vermont adopted a policy that one-third of beverages offered in vending machines on campus will be healthy options. Water bottle filling stations are

being installed across campus. The changes have been student-driven and coincide with the end of its current beverage contract (which ended June 30, 2012).

<http://www.uvm.edu/sustain/tags/bottled-water>

## Virginia

- **City of Alexandria, VA**

Nutrition Standards: Vending

In August 2014, the Alexandria City Manager signed an administrative regulation requiring all vending machines in City managed facilities to provide 100% healthier foods and beverages. The City will follow the U.S. Department of Agriculture “Smart Snacks in Schools” nutrition standards.

*Policy available upon request*

- **Arlington County, VA**

Nutrition Standards: Vending

Arlington County, VA will implement vending standards for the foods and beverages sold in county office buildings (beginning March, 2013) and in county community centers and parks starting in August, 2013. In office buildings, the county will start out with 50% healthier products, but hopes to move to 100% healthier productions as employees become more familiar with new options. Community centers and parks will have 100% healthier products from the beginning.

<http://www.arlingtonva.us/portals/topics/HealthyVending.aspx>

## Washington

- **State of Washington**

Nutrition Standards: Vending, Cafeterias, Concessions, Institutional Feeding, Meetings, and Events

On October 30, 2013, Governor Inslee issued Executive Order 13-06, which requires all executive agencies to adopt the Washington State Healthy Nutrition Guidelines. The Guidelines are based on the 2010 Dietary Guidelines for Americans. Washington is the first state in the country to establish such comprehensive food service guidelines. Each agency must fully implement the Guidelines by December 31, 2016.

<http://governor.wa.gov/office/execorders/documents/13-06.pdf>

- **Clark County, WA**

Nutrition Guidelines: Meetings, Trainings, Events, and Vending

Clark County enacted a Worksite Wellness Nutrition policy in 2006 that establishes healthy food and beverage purchase guidelines for county-funded meetings, trainings, and events and ensures that healthy options are available for purchase at county facilities. Also requires vending machines to include healthy options.

<http://eatbettermovemore.org/sa/policies/pdf/text/ClarkCoNutPolicy.pdf>

- **King County, WA**

Nutrition Standards: Vending

In April 2011, the King County Board of Health unanimously approved voluntary Healthy Vending Guidelines, encouraging organizations, businesses, and local governments in King County to provide healthier choices in vending machines. As of June 2011, the Seattle Housing Authority was conducting a pilot at one site and King County, through its Healthy Incentives program, is offering 20% healthier options in many of its vending machines.

[http://www.cspinet.org/new/pdf/kc\\_vending\\_guidelines.pdf](http://www.cspinet.org/new/pdf/kc_vending_guidelines.pdf)

- **Seattle & King County, WA**

Nutrition Standards: County and City Sponsored Meetings, Trainings, and Events

Seattle & King County Public Health developed healthy guidelines for meetings, trainings, and events. General guidelines include selecting foods that are culturally appropriate served in appropriate portion sizes that set parameters for fat, whole grains, fresh fruits and vegetables, vegetarian options, locally grown and organic products, healthy beverages, water, salt, added sugars, and nutrition labeling. The guidelines have been adopted by a variety of cities in King County, including Burien, Federal Way, Redmond, and Snoqualmie.

<http://www.kingcounty.gov/healthservices/health/nutrition/meetings.aspx>

- **City of Seattle, WA**

Nutrition Standards: Vending

On March 4, 2013, Seattle, Washington City Council unanimously approved Council Bill 117710. The ordinance requires all vending machines on city property (with the exception of parks and recreation, which already have 100% healthier snacks and beverages) to stock 50% “healthier” and “healthiest” foods, as defined by Public Health Seattle King County’s Healthy Vending Guidelines. The city will review implementation, compliance, and impact of the vending policy by June 30, 2014 and consider the percentage of healthier vending items.

[http://clerk.seattle.gov/~public/meetingrecords/2013/plus20130213\\_7a.pdf](http://clerk.seattle.gov/~public/meetingrecords/2013/plus20130213_7a.pdf)