KEEP SCHOOL MEALS HEALTHY
Don’t exempt a la carte items from Smart Snacks standards

A weekly menu of healthy school meals can include a few treats. But if single items from a balanced school lunch are sold a la carte without meeting Smart Snacks standards, kids could create lunches out of unhealthy items every day.

Just because something can fit as part of one healthy meal, doesn’t mean it should be the basis of every meal. Without the Smart Snacks provision for a la carte, there would be a giant junk food loophole. Side dishes like cookies and fries, which could be offered once in a while as part of a balanced lunch, could be offered a la carte every day. Ending the a la carte provision of Smart Snacks would undermine healthy school lunches and children’s diets and health.

Let’s help our children succeed. Keep a la carte options smart!

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