Acrylamide Levels in Dry Cereals

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Wheatena Toasted Wheat Cereal	1057
General Mills Cheerios	266
Whole Foods Market 365 Oat Bran Flakes Cereal	189
General Mills Lucky Charms	176
Kellogg's Raisin Bran	156
General Mills Honey Nut Cheerios	146
Health Valley Low-Fat Granola Tropical Fruit	89
Quaker 100% Natural Granola Oats, Honey & Raisins	84
Kellogg's Frosted Mini-Wheats	78
Kellogg's Corn Flakes	77
MEDIAN	71
Kellogg's Corn Pops	71
Post Grape-nuts	67
General Mills Cinnamon Toast Crunch	61
Kellogg's Frosted Flakes	52
Breadshop's Sierra Crunch Muesli	51
Kellogg's Rice Krispies	47
Post Selects Great Grains, Raisins, Dates, Pecans	44
Kellogg's Müeslix Cereal with Raisins, Dates & Almonds	30
Heartland Granola Cereal Original	28
Sunbelt Fruit & Nut Granola Cereal, Raisins, Dates &	20
Almonds	
Familia Original Recipe Swiss Muesli	11

Products in bold print contain levels of acrylamide higher than the median level of products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods and Exploratory Data on Acrylamide in Foods-February 2003 Update.

Acrylamide Levels in Home-Baked French Fries (Unprepared)

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Ore Ida Crispers!	218
Lamb Weston Inland Valley French Fries	212
Lamb Weston Inland Valley Fajita Fries	200
Ore Ida Tater Tots	199
Ore Ida Golden Fries	107
Ore Ida Fast Food Fries	79
MEDIAN	77
Ore Ida Golden Crinkles	74
Linden Farms French Fries Shoestring Style	70
Ore Ida Zesties!	67
McCain Crinkle Cut	49
Richfood French Fried Potatoes	21
Ore Ida Golden Twirls	20

Products in bold print contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods.

Acrylamide Levels in Restaurant French Fries

[expressed in parts per billion (ppb)]

Restaurant	Acrylamide Content (ppb)
Popeyes	606 (avg)
Fuddruckers	399 (avg)
Chick-fil-A	389
Checkers	332
MEDIAN	288
McDonald's	288
Burger King	262 (avg)
Arby's	252
Wendy's	228 (avg)
KFC	216 (avg)

Products in bold print contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods.

Acrylamide Levels in Potato Chips [expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Pringles Sweet Mesquite BBQ Flavored Potato Crisps	2510
Pringles Ridges Original Potato Crisps	1286
Kettle Chips Lightly Salted Natural Gourmet Potato Chips	1265
Baked Lay's Potato Crisps	1096
Pringles Original Potato Crisps	693
Utz Crisp All Natural Potato Chips	656 (avg)
Herr's Crisp'N Tasty Potato Chips	468
Lay's WOW! Original Potato Crisps	415
MEDIAN	400
Good Health Natural Foods Olive Oil Potato Chips Plain	385
Lay's Classic Potato Chips	351 (avg)
Ruffles Original Potato Chips	292
Ruffles WOW! Original Potato Crisps	270
Lay's Kettle Cooked Mesquite BBQ Flavored Potato Chips	198
Wavy Lay's Original Potato Chips	198
Grandma Utz's Handcooked Potato Chips	146
Utz's Home Style Kettle-Cooked Potato Chips	117

Products in bold print contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods and Exploratory Data on Acrylamide in Foods- February 2003 Update.

Acrylamide Levels in Jarred Baby Food

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Gerber Tender Harvest Organic Sweet Potatoes	92 (avg)
Beech Nut Stage 2 Vegetables & Chicken	75
Gerber 2 nd Foods Sweet Potatoes	68
Gerber 2 nd Foods Carrots & Sweet Peas	39
Beech Nut Stage 2 Tender Golden Sweet Potatoes	37
Gerber 2 nd Foods Vegetable Chicken Dinner	30
MEDIAN	28
Gerber 2 nd Foods Green Beans	26
Beech Nut Stage 2 Butternut Squash	22
Beech Nut Stage 2 Carrots & Peas	17
Beech Nut Stage 2 Apples & Cherries	ND
Gerber 2 nd Foods Apples & Cherries	ND
Gerber 2 nd Foods Squash	ND

Products in bold contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods.

Acrylamide Levels in Other Baby Foods: Crackers, Dry Cereals, Others

[expressed in parts per billion (ppb)]

Gerber Finger Food Biter Biscuits	130
Nabisco Arrowroot Biscuit	113
Gerber Graduates for Toddlers Animal Crackers	60
Gerber Finger Foods Fruit Wagon Wheels	20
Nabisco Zwieback Toast	20
MEDIAN	<10
Beech Nut Rice Cereal for Baby	<10
Carnation Baby Cereal with Formula Rice	<10
Beech Nut Stage 1 Oatmeal Cereal for Baby	ND
Carnation Baby Cereal with Formula Oatmeal	ND
Gerber Mixed Cereal for Baby	ND
Gerber Single Grain Oatmeal Cereal for Baby	ND

Products in bold contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods.

Acrylamide Levels in Infant Formulas [expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Enfamil Milk-Based Infant Formula with Iron (powdered)	<10
Similac Infant Formula with Iron (powdered)	<10
MEDIAN	ND
Carnation Alsoy Soy Infant Formula (liquid)	ND
Carnation Alsoy Soy Infant Formula (powdered)	ND
Carnation Good Start Milk-Based Infant Formula (liquid)	ND
Carnation Good Start Milk-Based Infant Formula (powdered)	ND
Enfamil Milk-Based Infant Formula with Iron (liquid)	ND
Enfamil ProSobee Soy Formula (liquid)	ND
Enfamil ProSobee Soy Formula (powdered)	ND
Isomil Infant & Toddler Soy Formula with Iron (powdered)	ND
Isomil Soy Formula with Iron (liquid)	ND
Similac Infant Formula with Iron (liquid)	ND

Products in bold contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods.

Acrylamide Levels in Unbrewed Ground Coffee

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Folgers Classic Roast	359 (avg)
Folgers Classic Decaf	338 (avg)
Melitta Traditional Premuim Roast	332
Sanka Decaffeinated Coffee	298 (avg)
Maxwell House Instant Coffee	263
Maxwell House Original Signature Blend Decaf	240 (avg)
Folgers French Roast	237 (avg)
Maxwell House Master Blend	215
Maxwell House Original Signature Blend	210 (avg)
Maxwell House Slow Roast	209
Maxwell House French Roast	201 (avg)
MEDIAN	196
Chock full o' Nuts All-Method Grind	196 (avg)
Chock full o' Nuts Rich French Roast	191 (avg)
Super G Instant Coffee	188
Hills Bros Coffee	170 (avg)
Starbucks Colombia	169 (avg)
Medaglia D'oro Caffé Espresso	168 (avg)
Starbucks Breakfast Blend	161
Starbucks Coffee House Blend	151
Café Bustelo Dark Roast	138 (avg)
Starbucks Coffee French Roast	132 (avg)
Hills Bros 100% Colombian Coffee	64
Yuban 100% Colombian Coffee	51 (avg)

Acrylamide Levels in Brewed Coffee

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Starbucks Coffee Lite Note	11
Dunkin' Donuts Coffee Regular	10
MEDIAN	8
McDonald's Regular Coffee	8
Starbucks Coffee Colombia	7
7-Eleven French Roast Coffee	6
7-Eleven Regular Coffee	5

Products in bold contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods and Exploratory Data on Acrylamide in Foods-February 2003 Update.

Acrylamide Levels in Bread Products

[expressed in parts per billion (ppb)]

Product	Acrylamide Content (ppb)
Schmidt Old Tyme Split-Top Wheat Bread	130
Indian flat bread (from a restaurant)	125
Arnold Bakery Light 100% Whole Wheat Bread	102
Maier's Butter Top Wheat Bread	96
Sara Lee Plain Mini Bagels	58
Home Pride Butter Top Wheat Bread	52
Arnold Real Jewish Rye Bread Caraway Seed	42
Super G Bread Crumbs Regular Style	42
Contadina Bread Crumbs Three Cheese	39
Pepperidge Farm Original White Bread	36
Stroehmann Dutch Country Potato Bread	36
MEDIAN	35
Pepperidge Farm Dark Pump Pumpernickel	34
Boboli Italian Pizza Crust	33
Sara Lee Honey Wheat Bagels	27
Thomas' New York Style Bagels Plain	27
Sunbeam Enriched Bread (White)	18
Schmidt Old Tyme Bagels Plain	12
La Sanderita Corn Tortillas	10
La Sanderita Flour Tortillas	<10
Maier's Butter Top White Bread	<10
Wonder Bread (White)	<10
Pepperidge Farm Natural Whole Grain Whole Wheat	ND

Products in bold contain levels of acrylamide higher than the median level of all products tested by the Food and Drug Administration.

Source: U.S. Food and Drug Administration. Exploratory Data on Acrylamide in Foods and Exploratory Data on Acrylamide in Foods- February 2003 Update